

Name: _____
Participant's Name (Printed)

Unit # _____

C.O.P.E. Activities

You are about to take part in a challenge ("ropes") course experience offered through the San Diego-Imperial Council, Scouting America on _____. [date(s)]

While participating in the activity, you will undertake a wide variety of physical and mental challenges that are comparable to activities with which you may be more familiar. Much of the time, you will be engaged in activity of "moderate exertion," which is comparable to normal walking, golfing on foot, raking leaves, calisthenics, or slow dancing. For short periods of time, you will be engaged in activity of "vigorous exertion," which is comparable to fast walking, slow jogging, heavy gardening, or shoveling snow.

If any of the above activities are difficult for you, discuss your participation in the activity with your physician. If these are activities in which you regularly engage without difficulty, you should be fit for participation in the program.

Following are specific medical conditions about which participants should always seek the advice of a physician before participating in the activity:

- Pregnancy (climbing harness can injure uterus)
- Kidney or liver transplant (climbing harness can injure transplanted organ)
- Healing fracture or joint injury (should be cleared by treating physician)
- Recent Surgery (should be cleared by treating physician)
- Down Syndrome (should have x-ray check for neck instability, as per recommendation of the Special Olympics)
- Asthma (participant must have a current, unexpired rescue inhaler with them)

If you or your physician has any questions about the physical requirements of the activity, feel free to contact the local council.

I understand that participation in the C.O.P.E. activities offered through the San Diego-Imperial Council, Scouting America, involves a certain degree of risk that could result in injury or death. In consideration of the benefits to be derived, after carefully considering the risk involved, and in view of the fact that Scouting America is an organization in which membership is voluntary, and having full confidences that precautions will be taken to ensure the safety and well-being of everyone involved, I have carefully considered the risk involved and have given consent for myself (or my son or daughter), to participate in the C.O.P.E. activity at Mataguay Scout Ranch or at other locations suitable for such activity, and waive all claims I or we may have against Scouting America, the local council, the activity coordinators, and all employees, volunteer, related parties, or other organizations associated with the activity.

I am not under the influence of any chemical substance, including alcohol. Understanding that any physical activity involves a risk of injury, I understand that my participation in the activity is entirely voluntary. I release Scouting America. The local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all claims or liability arising out of this participation. This release does not, however, apply to any harm caused by negligence or willful misconduct of the local council or its employees.

In case of emergency involving my child, I understand every effort will be made to contact me. In the event I cannot be reached, I hereby give my permission to the physician selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medications for my child.

Signed: _____ Date: _____
Participant Signature – If under age of 18, his or her parent must also sign below

Signed: _____ Date: _____
Parent or Guardian